



UNOPA NOTES

University of Nebraska Office Professionals Association

"Jump In With Both Feet!"

May 2019



President's Message

Happy May!

What a year it has been, and soon we will be installing a new president and new board.

It seems like the year has flown by. Tuesday will be our final general meeting honoring the past, present, and future of UNOPA. I look forward to coming together with past presidents and retirees, awarding the Rose Frolik award, and installing the new board. We will have a full agenda so please be sure to come early as we will start to serve lunch



at 11:30am and begin promptly at 11:45am. If you'd like to donate one last time to the Huskers Helping Huskers Pantry, you can participate in our 50/50 raffle, and/or you can bring donations. This time of the year they are trying to stock up on school supplies. Otherwise, you can visit pantry.unl.edu to see what else they are accepting. I will bring the tote for donations.

The Career Development Committee has offered some great workshops this year, including self-defense for women with Officer Craig Price (twice) and Microsoft updates with Ranelle Maltas. All of which have been successful. Please mark your calendars and register for the upcoming UNOPA/UAAD budget redesign process meeting which will take place on May 21st in HLH 138, or you can join via zoom. Please register either way you plan to attend. Thank you to our Career Development directors Debbie Hendricks and Lorraine Moon, and their committee members for putting together these workshops!

Parking lot sales were a success at the Spring Game this year. We sold a total of 83 spots. Thank you to those who volunteered this year. We will continue this fundraiser next year so I would encourage anyone who was not able to volunteer to plan to do so next year. You can always plan on us working the parking lot for every home football game from 6:00am until 15 minutes after kick off. The money that we make from this fundraiser is what allows us to bring in speakers, host workshops, rent nice rooms to hold our meetings, comp meal prices, etc. Please consider helping out, planning ahead, and I look forward to seeing you out there in the fall!

Hope to see many of you at the May General meeting on Tuesday!

Kelsey Sims

UNOPA's Mission

Education is the birthright of every person. We as members of the University of Nebraska Office Professionals Association pledge ourselves to safeguard that right. We acknowledge the unique role of educational office professionals and the importance of their contributions to the university and the community. The purpose of UNOPA is to provide professional growth and promote high professional standards for educational office professionals with the University of Nebraska, as partners, upholding the quality of service to the university educational system and the community.

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UNOPA: <http://unopa.unl.edu>

NEOPA: <https://sites.google.com/site/neopanebraska/>

NAEOP: <https://www.naeop.org>

Piece by Piece...



Quilt Raffle

Here's your chance to win this beautiful quilt!

Tickets:
1 for \$5.00
4 for \$15.00
6 for \$20.00

Drawing will be held on Monday, July 1, 2019.



A fundraiser in support of Mary Guest, a longtime member of UNOPA, NEOPA and NAEOP, to help cover expenses as she takes on the responsibilities of the 2019-2020 president-elect and 2020-2021 president of our National Association of Educational Office Professionals.

Let's Celebrate some Birthdays!

Sara Luther – May 9
Mari Greer – May 11
Christine Weitzel – May 13
Mary Klucas – May 17
Judy Anderson – May 18
Edie Schleiger – May 30

Near Misses Matter!

The Chancellor's University Safety Committee is encouraging reporting of near-miss/close call incidents and potentially unsafe conditions on campus. A near miss is an incident where no property was damaged and no personal injury sustained, but given a slight shift in time or position; damage, injury, or illness easily could have occurred. This type of situation is often thought of as a "close call."

By reporting these circumstances, you are contributing to a safer and healthier campus environment. This information is shared for educational and awareness purposes. Identifying information (names, departments, etc.) is removed before reporting on an incident. We appreciate your participation, and there are **no repercussions for reporting a situation or hazard.**

You can report a Near Miss/Close Call incident online through the EHS website at: <https://ehs.unl.edu/near-missclose-call-incident-reporting-form>.

Near Misses or Injuries to Ponder:

- **Water on Floor:** A student walking through a building slipped on some water and fell down the stairs resulting in injury. Call the Facilities Service Desk at 402-472-1550 for prompt cleaning or to place wet floor signs up.
- **Walking Hazard:** A worker fell without injury when their heel caught on a 5-6" hole on the concrete walkway. Mitigation: Look carefully at area for unexpected hazards. Report hazards to the Facilities Service Desk at 402-472-1550; they can position a cone or barricade at the area until repair can be finished.
- **Box Cutter:** An employee cut their right index finger with a box cutter. Mitigation: Use a safety box cutter, use a sharp blade, retract blade when not in use, angle away from your body, don't put your thumb over the box cutter, wear gloves.

By Christine Weitzel
Chancellor's University Safety Committee

Congratulations to Amanda Lager Gleason



Amanda Lager Gleason, UNOPA member and Outreach Committee director recently received a scholarship that was awarded by the Counseling and School Psychology Department at the University of Nebraska at Kearney. Amanda is a student in the Higher Education and Student Affairs online masters program through UNK. She received her certificate for this award on April 28, 2019, at the Department of Counseling and School Psychology Honors Reception. These awards not only reflect the respect the faculty has for the recipient, but also the success of the student.

Congratulations, Amanda!

MARK YOUR CALENDARS!

May 7 – Board Meeting @ Whittier
May 8 – Self-Defense Workshop for Women
May 14 – **General Meeting and Past Presidents/ Retirees/Rose Frolik Award Luncheon**
May 21 – Brown Bag Workshop: Budget Restructuring/Redesign
June 4 – Board Meeting (Old board/new board transition meeting)
June 13 – **Summer Social**
July 15-20 – **NAEOP Annual Conference, Boise, ID**

Huskers Helping Huskers Pantry

We will be doing the usual 50/50 raffle for the **Huskers Helping Huskers Pantry** at the May general meeting. The Pantry's director reported that school supplies are something they try to stock up on before August. If you'd like to donate, please bring your school supply donations to the May general meeting. There will be a donation box available. It's our last chance for 50/50 and donations from UNOPA, so let's make it a big one!

You can also bring other items listed on their webpage: <https://pantry.unl.edu/>. They also just started an Amazon wishlist where items purchased via Amazon will be shipped directly to the pantry.

UNOPA and UAAD Joint Event to Discuss Budget Redesign

May 21st | 12:00-1:00 pm
138 Howard Hawks Hall

Vice Chancellor of Business and Finance Bill Nunez will join our organizations in providing an overview and updates with the university budget redesign process. At the Chancellor's Town Hall meeting on April 22nd, the task force that was charged with working on the budget redesign shared the importance of being transparent and also providing updates and feedback to multiple campus groups and leaders—including UAAD and UNOPA. We are appreciative of the opportunity to be included in the conversation and hope you can join us for this discussion. You can read more about the Task Force and their reports at <https://budget.unl.edu/responsibility-center-management>.

Attendees may also join via Zoom. This is a brown-bag event, so please feel free to bring your lunch.

Registration link: <https://www.eventbrite.com/e/unopa-and-uaad-budget-redesign-discussion-tickets-61103720874>

Zoom link: <https://unl.zoom.us/j/673022300>

Chancellor's Commission for the Status of Women

If anyone is interested in applying to serve on the staff council for the Chancellor's Commission for the Status of Women, they need to do so by **May 22nd**. It's important to have UNOPA representation on this committee. If you are interested, or have already applied, please let me know.

The application and more information is found here: <https://www.unl.edu/ccsw/membership.shtml>.

Kathy Schindler, 472-1730, kschindler1@unl.edu



EVERYONE LOVES A COMEBACK STORY

Tiger Woods made mistakes and poor decisions. In 2009, the world watched him crash his car, ruin his marriage and fall from the throne of Golf's Kingdom. In the years that followed, we continued to watch the once unbeatable golfer get beat by life. Many described him as a Terminator on the golf course, but addiction, rehab, a severe back injury, issues with pain killers and failed comeback attempts made everyone realize just how human he was.

Imperfect and flawed like all of us.

And that's why when Tiger Woods won the Masters last month, his first championship in 11 years, Twitter timelines blew up and the world cried and cheered.

Yes, watching Tiger hug his son the way he hugged his late father 22 years ago, after his first Masters win, would make anyone tear up. But our emotional connection and response had more to do with who we are than the hugs we saw.

We don't like hypocrites. We don't like people who say one thing and do another. We root against people who think they are perfect and act imperfectly.

But we root for those who fall, who admit their mistakes, who step back into the arena, with flaws and all to see, to overcome their challenges, pain, and setbacks to accomplish something great.

Everyone loves a comeback story! And we love a miraculous, improbable comeback story that features an imperfect, relatable hero even more.

We cheered because we knew how many times he tried to come back. His failures were observed and documented by everyone. The critics said he would never win again. Many suggested he should retire. One talk show host said he considered Tiger a former golfer.

But he didn't give up. He kept trying and we cried because we know how hard he worked and how much courage it took for him to battle through all the adversity, all the back pain, all the doubt and all the personal challenges, to win another championship.

Before his fall from grace, it seemed like Tiger was given everything. He had the talent, the drive, the swagger, the mental toughness and the success. It seemed like he was placed on top of the mountain for all of us to worship. We loved watching him play, but not everyone loved watching him win.

But this win was sweeter. This one came after the fall. After years of sweat and tears and climbing back up the mountain, he earned this one.

The world tries to define you by the mistakes of your past. But history defines you by how you responded, how you learned and improved, how you made amends, how you persevered and what you accomplished afterwards.

Tiger never gave up and neither should you!

You root for a relatable hero like Tiger Woods because deep down you know there is a hero inside you that has the ability to overcome your pain and past to courageously create an amazing future.

Whether you have been knocked down by life or by your own mistake, **Don't Give Up!**

Everyone loves a comeback story, **but the best come back story of all is your own!**

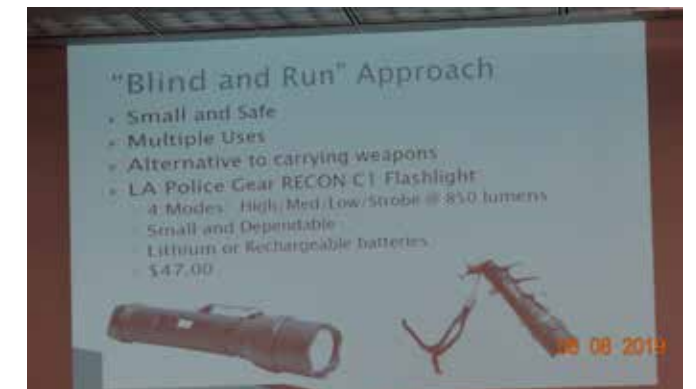
- Jon

BACK BY POPULAR DEMAND! Self-Defense Workshop

The UNOPA Career Development Committee hosted its second Self-Defense Workshop on Wednesday, May 8. Sergeant Craig Price from the Lincoln Police Department gave a presentation and hands-on demonstration of how to be prepared and what to do in case of an attack. The program covered personal experience, defensive maneuvers, tactical theories and concepts, and spiritual motivation along with extensive knowledge of criminal and related state statutes.



Sergeant Price showing a maneuver



Flashlight recommendation



Trudy Rhoads practicing a maneuver with Sergeant Price

A nice group of very interested attendees



THE DANCE OF OPTIMISM!

Pebble

I find it a kind of reassuring thought, in these morose times, that at any given moment a sizable portion of the human race is dancing.

WALT ANDERSON

Boulder

To be hopeful in bad times is not just foolishly romantic. It is based on the fact that human history is a history not only of cruelty but also of compassion, sacrifice, courage, and kindness. What we choose to emphasize in this complex history will determine our lives. If we see only the worst, it destroys our capacity to do something. If we remember those times and places—and there are so many—where people have behaved magnificently, this gives us the energy to act, and at least the possibility of sending this spinning top of a world in a different direction.

HOWARD ZINN

Ponder

You likely know some folks who are so pessimistic that they could spend more time complaining about the taxes they'd have to pay on their lottery winnings than daydreaming how they would spend the balance.

Hopefully you also get to spend a decent amount of time with a few people who are good at seeing the upside and can joyfully anticipate the next sunny day even when the rain is pouring down. I'm not talking about those who paint clown-like artificial smiles on their face and grit their way through every situation, their faces strained with tension. No, I'm talking about the folks who take deep breaths, relish small pleasures and whose arrival consistently improves your mood (or at least makes a tough day a tad more tolerable).

Do me a favor and not only enjoy their presence in your life this week, but maybe also take a moment to THANK them for being a consistent source of light for you and the others they cross paths with. Then, if you have a few ounces of energy to spare, spend a little time wondering how things might change for you and those you encounter if you bumped up your courageous optimism a notch or three.



Be one of the many souls who are dancing this week, celebrating all the good stuff that exists in the world while harnessing the energy to tackle the challenges that need to be addressed so we can keep moving forward.

Peace,

Paul

Save The Date
2019 NAEOP Annual Conference
and Master Seminar
July 15-20, 2019
Boise, Idaho



Start making your plans NOW to attend the 2019 Annual Conference & Summit in beautiful Boise, ID!

Cityscape of Boise Lighted Up at Night in Boise, Idaho. Photo by Alden Stok

NAEOP

**2019 ANNUAL
CONFERENCE
& SUMMIT
BOISE, ID
JULY 15-19, 2019**

**Minutes of the
UNOPA/UAAD Joint April General Meeting**

College of Business HLH 138

11:45a.m.-1:00p.m.

Tuesday, April 9th, 2019

President Kelsey Sims calls meeting to order at 11:49a.m.

President-Kelsey Sims: Minutes from last meeting:

Approval of the March 2019 General Membership Meeting Minutes. Motion to approve minutes as corrected by Lainey Bomberger and seconded by Diane Wasser. Motion to approved minutes as corrected has carried.

Treasurers' report: The March Treasurer's report will be filled for audit.

UAAD President: Tony Lazarowicz: Joint letter UAAD and UNOPA submitted to Mike Zeleny and Chancellor Green. Presidents will serve on N225 committee as a direct result of the letter submitted. N225 strategy committee is meeting to discuss the aspirations to guide the next five years. Creating strategies to make sure staff voices are heard in each of those meetings.

UAAD Spring Event Series: April 17th last of power hour series. Dine and Dialog facilitated by Sara Weixelman and second part Rachel Wesley leading a workshop on ouch that hurts.

May 7th book discussion on taming your gremlin. Dr. Tammy Beck leading workshop about job crafting date and time tbd. See the UAAD website. UNOPA members are welcome to attending. Job crafting book is \$36 needed for workshop.

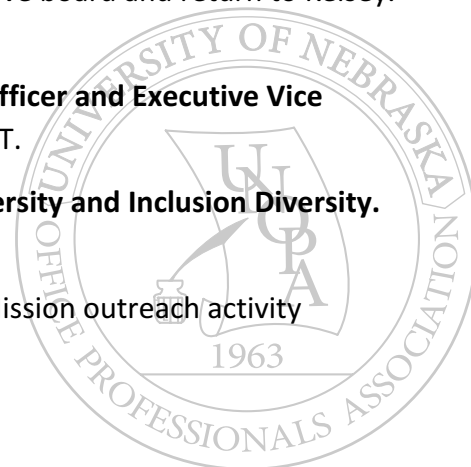
Big 10 Academic Alliance. Learning about other Big 10 staff and what their institutions and organizations run.

President Kelsey Sims: Submit last nominations for the executive board and return to Kelsey. Also accepting committee directors and members.

Welcome to guest speaker Donde Plowman Chief Academic Officer and Executive Vice Chancellor. N150 visioning. Leadership = the willingness to ACT.

Welcome to guest speaker Marco Barker Vice Chancellor, Diversity and Inclusion Diversity. Overview of past experience and vision for University goals.

Community service project Kelsey Buck UAAD: People's City Mission outreach activity providing outreach cards.



Diane Wasser announcement: Mary Guest is now President Elect for National Association. Will be installed in July. Third in Nebraska to be President. In order to provide funding a UNOPA member has made a quit and raffle tickets are being sold. Raffle is July 1st. Kelsey will have a list of individuals who are selling tickets.

50/50 drawing: Huskers Helping Huskers Pantry. 910028 Winner Donelle Moormeier received \$22.00 which she donated back to the pantry.

Motion to close nominations for 2019-2020 executive board effective 5pm today by Jana Pillsworth-Wood and seconded by Lainey Bomberger. Motion carries.

Meeting adjourned at 12:54p.m.

Submitted by: Lori Sorto, Recording Secretary



New Vice Chancellor for Diversity and Inclusion Marco Barker introduces himself to the group and shares his excitement and vision for this new position.



Executive Vice Chancellor Donde Plowman addresses the crowd of UNOPA and UAAD attendees.



University of Nebraska Office Professionals Association

N | 150

IN OUR GRIT, OUR GLORY.



*Look forward to
what "May"
be ahead for
you!*